



## Mobile Hygiene Kits

These kits are designed to be convenient for our clients who do not have access to standard bathing facilities. Many of these individuals are homeless or in transition. These kits make it easy for them to stay clean on-the-go.

Listed below are some suggested items that work well in mobile hygiene kits. Volunteers and groups can purchase the items, or host drives to collect donations. The individual items can then be packed into one-gallon zip lock bags and delivered to our We Help Food Pantry where they will be distributed to clients.

1. Toothbrush
2. Toothpaste
3. Bar Soap
4. Disposable Razor
5. Deodorant
6. Shampoo
7. Wet Wipes
8. Comb
9. Kleenex



Include 6-10 items in each bag, with a minimum of 6. It is just fine to double up on some of the items listed above to fill the kit. We suggest you “double wrap” shampoos, as they tend to open and leak into kits.

**For more information, or for help arranging a Mobile Meal Kit Project, contact Jennifer Silva at [jennifer.silva@stpetersburgfreeclinic.org](mailto:jennifer.silva@stpetersburgfreeclinic.org).**